

2006 National Health Education Standards

- Goal 1 Students will comprehend concepts related to health promotion and disease prevention to enhance health.
- Goal 2 Students will analyze the influence of family peers, culture, media, technology, and other factors on health behaviors.
- Goal 3 Students will demonstrate the ability to access valid information, products, and services to enhance health.
- Goal 4 Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.
- Goal 5 Students will demonstrate the ability to use decision-making skills to enhance health.
- Goal 6 Students will demonstrate the ability to use goal-setting skills to enhance health.
- Goal 7 Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce risks.
- Goal 8 Students will demonstrate the ability to advocate for personal, family, and community health.