

**FEDERAL A-H DEFINITION OF  
ABSTINENCE UNTIL MARRIAGE EDUCATION**

**It is encouraged that equal emphasis is placed on each element of the definition. A project may not be inconsistent with any aspect of the abstinence education definition.**

<b>A</b>	Has as its exclusive purpose, teaching the social, psychological, and health gains to be realized by abstaining from sexual activity.
<b>B</b>	Teaches abstinence from sexual activity outside of marriage as the expected standard for all school age children.
<b>C</b>	Teaches that abstinence from sexual activity is the only certain way to avoid out-of-wedlock pregnancy, sexually transmitted diseases, and other associated health problems.
<b>D</b>	Teaches that a mutually faithful monogamous relationship in the context of marriage is the expected standard of human sexual activity.
<b>E</b>	Teaches that sexual activity outside of marriage is likely to have harmful psychological and physical effects.
<b>F</b>	Teaches that bearing children out-of-wedlock is likely to have harmful consequences for the child, the child's parents, and society.
<b>G</b>	Teaches young children how to reject sexual advances and how alcohol and drug use increases vulnerability to sexual advances.
<b>H</b>	Teaches the importance of attaining self-sufficiency before engaging in sexual activity.