

# Are Your Sessions Geared to the Needs of the Participants



## REMEMBER:

The key to tailoring sessions to participants' needs lies in knowing and understanding those needs including the learning styles of the participants.

## THINK:

Explain the concepts in words (*auditory learners*), show it on overheads or through other graphics (*visual learners*), and practice it with games, role plays, or other activities (*kinesthetic learners*).

## VISUAL LEARNERS

- Pictures or Illustrations that represent key points
- Graphic illustrations that diagram what is being communicated
- Tables or Charts to present a sequential picture
- Videotapes or clips to clarify concepts
- Mind Maps to illustrate relationships
- Flash Cards to stimulate recall of key phrases
- Color coding or Highlighting to reinforce concepts

## AUDITORY LEARNERS

- Storytelling to illustrate key points
- Small group discussions to deepen understanding
- Audiotapes to facilitate retention
- Mnemonics to aid retention and recall

## KINESTHETIC LEARNERS

- Role playing to reinforce learning
- Practice to provide opportunities for hands-on learning
- Site visits to provide opportunities for demonstrations
- Games to reinforce the content presented

PROFESSIONAL  
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PUBLIC SCHOOLS OF NORTH CAROLINA

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